

NUTRITIONAL INFORMATION - COCONUT CASHEW CHICKEN W/RICE

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDUIM	LARGE
Energy	329 cal	436 cal	589 cal
Protein	31g	37.9g	51.6g
Fat, total	7.6g	9.1g	12.4g
saturdated	3.2g	3.9g	5.3g
Carbohydrate, total	34.3g	50.8g	67.8g
sugars	2.1g	2.6g	3.5g
Sodium	183mg	220mg	300mg

NUTRITIONAL INFORMATION - COCONUT CASHEW CHICKEN W/BROWN RICE

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDUIM	LARGE
Energy	372 cal	501 cal	674 cal
Protein	32.6g	40.7g	55.3g
Fat, total	10.3g	13.2g	17.8g
saturdated	3.2g	3.9g	5.3g
Carbohydrate, total	37.2g	54.9g	73.2g
sugars	2.1g	2.6g	3.5g
Sodium	187mg	229mg	313mg

NUTRITIONAL INFORMATION - COCONUT CASHEW CHICKEN W/SWEET POTATO

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDUIM	LARGE
Energy	287 cal	373 cal	504 cal
Protein	30g	36.7g	50g
Fat, total	7.8g	9.4g	12.8g
saturdated	3.2g	3.9g	5.3g
Carbohydrate, total	24.4g	35.5g	47.4g
sugars	2.1g	2.6g	3.5g
Sodium	183mg	220mg	300mg

NUTRITIONAL INFORMATION - COCONUT CASHEW CHICKEN W/PASTA

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDUIM	LARGE
Energy	363 cal	487 cal	656 cal
Protein	35.6g	45.1g	61.2g
Fat, total	9.2g	11.5g	15.6g
saturdated	3.2g	3.9g	5.3g
Carbohydrate, total	34.5g	50.8g	67.8g
sugars	2.1g	2.6g	3.5g
Sodium	183mg	220mg	300mg

NUTRITIONAL INFORMATION - COCONUT CASHEW CHICKEN W/VEGETABLES

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDUIM	LARGE
Energy	221 cal	260 cal	345 cal
Protein	30.4g	36.1g	48.4g
Fat, total	7.6g	9.1g	12.4g
saturdated	3.2g	3.9g	5.3g
Carbohydrate, total	7.8g	8.5g	9.9g
sugars	2.1g	2.6g	3.5g
Sodium	216mg	253mg	333mg