

**NUTRITIONAL INFORMATION - BEEF BOLOGNESE W/RICE**

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	336 cal	445 cal	604 cal
Protein	29.8g	37.9g	50.6g
Fat, total	7.4g	9.3g	12.5g
saturated	3.3g	4.2g	5.3g
Carbohydrate, total	36g	52.8g	70.5g
sugars	3.4g	4.25g	5.6g
Sodium	293mg	366mg	488mg

**NUTRITIONAL INFORMATION - BEEF BOLOGNESE W/BROWN RICE**

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	384 cal	528 cal	701 cal
Protein	31.6g	40.7g	54.3g
Fat, total	9.9g	13.2g	17.4g
saturated	3.2g	4g	5.33g
Carbohydrate, total	38.7g	56.9g	75.8g
sugars	3.4g	4.2g	5.6g
Sodium	297mg	372mg	496mg

**NUTRITIONAL INFORMATION - BEEF BOLOGNESE W/SWEET POTATO**

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	298 cal	398 cal	528 cal
Protein	29g	36.7g	49g
Fat, total	7.4g	9.3g	12.4g
saturated	3.2g	4g	5.3g
Carbohydrate, total	25.8g	37.5g	50g
sugars	3.4g	4.25g	5.6g
Sodium	293mg	366mg	488mg

**NUTRITIONAL INFORMATION - BEEF BOLOGNESE W/PASTA**

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	379 cal	519 cal	690 cal
Protein	34.6g	45.1g	60.2g
Fat, total	8.8g	11.4g	15.2g
saturated	3.4g	4.3g	5.7g
Carbohydrate, total	36g	52.8g	70.4g
sugars	5g	6.6g	8.8g
Sodium	308mg	388mg	518mg

**NUTRITIONAL INFORMATION - BEEF BOLOGNESE W/VEGETABLES**

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	236 cal	286 cal	366 cal
Protein	29.4g	36.1g	47.4g
Fat, total	7.2g	9g	12g
saturated	3.2g	4g	5.3g
Carbohydrate, total	9.3g	10.5g	12.5g
sugars	7.1g	7.7g	9.1g
Sodium	325mg	399mg	520mg