

NUTRITIONAL INFORMATION - SWEET CHILLI CHICKEN W/RICE

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	374 cal	468 cal	614 cal
Protein	34g	44g	56g
Fat, total	3.8g	4.8g	6.4g
saturated	1.4g	1.7g	2.3g
Carbohydrate, total	51g	62g	83g
sugars	15g	19g	24g
Sodium	508mg	635mg	847mg

NUTRITIONAL INFORMATION - SWEET CHILLI CHICKEN W/BROWN RICE

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	413 cal	550 cal	666 cal
Protein	36g	46g	57g
Fat, total	6.3g	8.6g	10.4g
saturated	1.4g	1.7g	2.3g
Carbohydrate, total	53g	72g	86g
sugars	15g	19g	24g
Sodium	512mg	641mg	855mg

NUTRITIONAL INFORMATION - SWEET CHILLI CHICKEN W/SWEET POTATO

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	327 cal	431 cal	582 cal
Protein	34g	43g	57g
Fat, total	3.8g	4.8g	6.4g
saturated	1.4g	1.7g	2.3g
Carbohydrate, total	39g	54g	74g
sugars	15g	19g	24g
Sodium	508mg	635mg	847mg

NUTRITIONAL INFORMATION - SWEET CHILLI CHICKEN W/PASTA

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	391 cal	462 cal	659 cal
Protein	34g	41g	58g
Fat, total	5.2g	6.9g	9.2g
saturated	1.4g	1.7g	2.3g
Carbohydrate, total	52g	64g	86g
sugars	15g	19g	26g
Sodium	372mg	482mg	877mg

NUTRITIONAL INFORMATION - SWEET CHILLI CHICKEN W/VEGETABLES

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	261 cal	323 cal	414 cal
Protein	34g	42g	54g
Fat, total	3.6g	4.5g	6g
saturated	1.4g	1.7g	2.3g
Carbohydrate, total	23.2g	28.5g	36g
sugars	15g	19g	26g
Sodium	538mg	665mg	877mg