

NUTRITIONAL INFORMATION - HONEY SOY GARLIC W/RICE

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	270 cal	371 cal	496 cal
Protein	27.6g	35.1g	46.6g
Fat, total	1.7g	2.1g	2.9g
saturated	0.2g	0.2g	0.3g
Carbohydrate, total	36.3g	53.1g	70.8g
sugars	3.4g	4.3g	5.7g
Sodium	532mg	665mg	887mg

NUTRITIONAL INFORMATION - HONEY SOY GARLIC W/BROWN RICE

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	299 cal	426 cal	552 cal
Protein	28.6g	37g	44g
Fat, total	3.2g	5.9g	7.9g
saturated	0.2g	0.2g	0.3g
Carbohydrate, total	39g	56.3g	76.3g
sugars	3.4g	4.3g	5.7g
Sodium	536mg	671mg	895mg

NUTRITIONAL INFORMATION - HONEY SOY GARLIC W/SWEET POTATO

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	316 cal	423 cal	549 cal
Protein	33g	42g	54g
Fat, total	8.8g	11.4g	14.4g
saturated	2.6g	2.7g	3.5g
Carbohydrate, total	26.3g	38g	50.8g
sugars	2.4g	3.1g	4g
Sodium	342mg	439mg	559mg

NUTRITIONAL INFORMATION - HONEY SOY GARLIC W/PASTA

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	389 cal	520 cal	661 cal
Protein	38g	47g	56g
Fat, total	10.2g	13.4g	17g
saturated	2.6g	2.7g	3.5g
Carbohydrate, total	36.5g	53.2g	71.1g
sugars	2.4g	3.1g	4g
Sodium	357mg	460mg	590mg

NUTRITIONAL INFORMATION - HONEY SOY GARLIC W/VEGETABLES

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	232 cal	305 cal	375 cal
Protein	29g	40g	49g
Fat, total	8.6g	11.1g	14g
saturated	2.6g	2.7g	3.5g
Carbohydrate, total	9.8g	11.4g	13.3g
sugars	2.4g	3.1g	4g
Sodium	372mg	470mg	590mg